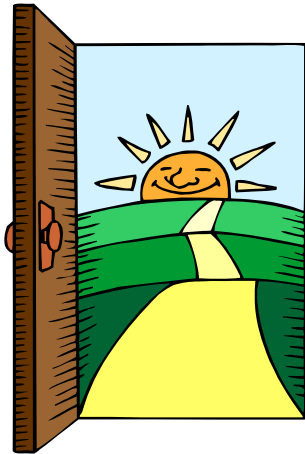


Why MRT?

MRT has proven to be a successful self-help program. Testimonials of graduates report that as a result of MRT, they are able to better communicate their feelings and emotions and are able to repair and build more meaningful relationships. The program is built around the concept of making intelligent choices.



Open a new door.

Workshop Dates, Times and Locations

Seattle

1550 4th Ave S

Located at Seattle Community Justice Center
Men's and Women's Groups
6:00 p.m. to 7:15 p.m. Wednesdays

Tacoma

1016 South 28th Street

Men's 5:45 to 6:45 p.m. Tuesdays
Women's 4:30 to 5:30 p.m. Tuesdays

Tukwila

500 SW 7th St Suite E220

5:00 to 6:15 pm Mondays

Everett

2731 Wetmore Ave Suite 420

1st Floor Training Room
Combined Men's and Women's Group
4:45 to 6:00 p.m. Thursdays



MRT COORDINATORS

Brian Johnson

Supervisory U.S. Probation Officer
253-882-3740

Lonnie Kaman

Senior U.S. Probation Officer
206-370-8959

Michael Larsen

Senior U.S. Probation Officer
253-882-3742

Angela McGlynn

Senior U.S. Probation Officer
425-249-7014

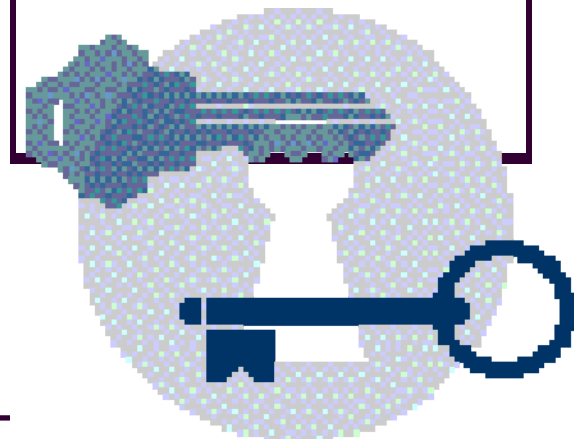
Jennifer Van Flandern

Senior U.S. Probation Officer
206-428-1732

Moral Reconciliation Therapy

U.S. PROBATION & PRETRIAL SERVICES

Seattle Offices 206-370-8950
206-370-8550
Tacoma Offices 253-882-3705
253-882-3730
Everett Office 425-249-7000



Moral Reconciliation Therapy—“How to Escape Your Prison”

Do you feel trapped by your lifestyle, your financial situation, or your addiction?

Are you in this situation because you made a poor decision?

Do you feel like you have lost control?

Are you ready for a change?

If you answered **YES** to any of these questions, Moral Reconciliation Therapy (MRT) may be right for you.



Which road will you take?

What is MRT?

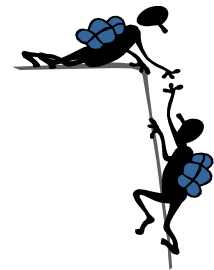
MRT is a systematic, step-by-step treatment strategy designed to enhance self-image, promote growth of a positive identity and facilitate the development of higher stages of moral reasoning. MRT significantly raises moral reasoning levels, life purpose, and other positive personality variables.¹

Why would MRT benefit me?

MRT was designed with you in mind, so you can help yourself. The steps cover topics such as disloyalty, opposition, uncertainty, defense mechanisms and many others. MRT helps you to learn to deal with the decision making process and determine what is right and what is wrong.

1. Little, G. L. & Robinson, K. D., 1986

You are not alone. With MRT, you will have more success if you work with other people. A facilitator will be there to help you along the way, but it is the members of the MRT group that are in charge.



Take the next step!

Talk to your Pretrial Officer today. This program is offered **free** of charge.

