

*Are you feeling
anxious about your
sentencing?*

The Freedom to Incarceration class may help you and your family members with reducing the anxiety, fear, and stress that you are currently experiencing. Family members are encouraged to attend with you. We will address the sentencing process, the Bureau of Prisons, and the U.S. Probation Office. We will share the information of those who have reported their BOP experiences to us. Former pretrial defendants will be present to answer your questions and share their experiences with you.

Contact your Pretrial Services Supervision

Officer to get information on the next

class.

Classes are held Quarterly
from 10:00 a.m. to 12:00 p.m.

Adult family members are
encouraged to attend.

Please call 206-370-8978

For dates and
to reserve your seats.

Space is limited.

**U.S. Probation
and
Pretrial Services**

U.S. Courthouse
700 Stewart St.,
Seattle, WA 98101
206-370-8950
206-370-8550

U.S. Probation
2731 Wetmore Ave
Everett, WA 98201
425-249-7000

U.S. Courthouse, Union Station
1717 Pacific Ave
Tacoma, WA 98402
253-882-3705
253-882-3730

U.S. Probation
14240 Interurban Ave S
Tukwila, WA 98168
206-428-1720

U.S. Probation
and
Pretrial Services

**FREEDOM TO
INCARCERATION**



“Pride and dedication for impartial justice and growth.” - U.S. Pretrial Services Motto

Freedom to Incarceration Quarterly Classes

U.S. Pretrial Services for the Western District of Washington offers this class to defendants and their families to help reduce fear, stress, and anxiety associated with the sentencing process and beyond pretrial supervision. By providing general information about the sentencing process, the Bureau of Prisons, and the U.S. Probation Office, we hope to reduce the level of anxiety, fear, and confusion experienced by defendants and their family members. Please note that U.S. Pretrial Services cannot predict or guarantee the actual outcome of any case, BOP designation, or experience.



FCI Sheridan in Oregon is a medium security facility for male offenders.

PRETRIAL SUPERVISION

Pretrial Services is the front door for a defendant facing federal charges. Our main goals for defendants under our supervision are to reduce the risk of nonappearance at all future court hearings and reduce the risk of danger to the community. Freedom to Incarceration addresses these issues by reducing the fear of the unknown. By informing defendants and their families of what to expect beyond pretrial supervision, it eases the stress associated with the transitional period from being in the community to entering the Bureau of Prisons.

SENTENCING PROCESS

Once you enter a plea of guilty or are found guilty by a jury, you will be interviewed by a presentence investigator from the U.S. Probation Office. This report will be submitted to the Court at the sentencing hearing. After the court considers information presented by the government (AUSA), defense attorney, U.S. Probation and Pretrial Services, the judge will impose sentence.



FCI Dublin in California is a low security facility housing female offenders.

Depending on the circumstances, you may be remanded into custody at sentencing or you will be allowed to self-surrender to the Bureau of Prisons.

SELF-SURRENDER

If you are allowed by the Court to self-surrender, you will still be under the supervision of Pretrial Services and you must continue to report as directed. The Bureau of Prisons will designate you to a facility based on certain criteria such as offense, prior record, history of violence, medical needs, training and/or educational programs and other factors.



U.S. Courthouse in Seattle.

U.S. Probation and Pretrial Services

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